

Salma & Nisha Creations

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My Family Creates



Being Me Activity Pack



Being Me

Being me is the best thing ever

I am loud

I am proud

I am whatever I want to be forever

I can clap and tap, clap and tap

I fidget with my chin, fidget with my chin?

I may pull at leaves, pull at leaves

I may tug at your sleeves, tug at your sleeves

I blow up red, green and yellow balloons

I wonder which one will make it to the moon

I blow big bubbles to ease my little troubles

I watch my troubles go pop pop pop

I can dance and prance

With my super boots on

I splash in great big puddles

Then get lots of family

I can clap and tap, clap and tap

I fidget with my chin, fidget with my chin?

I may pull at leaves, pull at leaves

I may tug at your sleeves, tug at your sleeves

Being me is the best thing ever

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Poetry Activity 1

**Now that you have seen and read the poem, let's try creating one about you!
We would love to see everyone in your family create one!**

What You Need:

Pen / Pencil

Paper / Book

If you're not very good at writing, can someone else write your lines?

- 1. Try finishing the lines below.**
- 2. Put them together on after another to make your poem!**
(Remember not all poems have to rhyme!)
- 3. Listen to each other's poems. Sharing your poems with other is great fun!**

Being Me

Being me is...

I am...

I can....

I like to

Extra tips!

There is no right or wrong. Don't be shy!

You can repeat the start of the lines as much as you like!

You could even be someone else and make it up – be imaginative!

Poetry Activity 2

We would love to see everyone in your family do this one!

What You Need:

Pen / Pencil

Paper / Book

If you need help writing, can someone else write your lines?

- 1. Try finishing the lines below.**
- 2. Put them together one after another or in a different order to make your poem!**
- 3. Listen to each other's poems. Sharing your poems with others is great fun!**
- 4. If you don't want to write one about yourself, could you write one about someone else in the family?**

My Favourites

I like to taste...

I like to see...

I like to hear...

I like to touch...

I like to smell...

These make me feel....

Extra tips!

You can repeat the start of the lines as much as you like!

You could even be someone else and make it up – be imaginative!

Creative Activity Ideas

We would love to see everyone in your family do this one!

Could you add actions or movements to your poems?

Create a piece of artwork about your favourite things using items you find in your home.

Take pictures of someone in your family with their favourite things.

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Thank you!!

We would love to see your creations!!

Don't be shy! No one will make fun of your creations!!

Each and every creation is special!

Please send us your creations.

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